

St. Anselm Prayer

O Lord my God.

Teach my heart this day
where and how to find you.

You have made me and re-made me,
and you have bestowed on me
all the good things I possess,
and still I do not know you.

I have not yet done that for which I was made.

Teach me to seek you
for I cannot seek you
unless you teach me,
or find you

unless you show yourself to me.

Let me seek you in my desire;
let me desire you in my seeking.
Let me find you by loving you;
let me love you when I find you.

St. Anselm



SISTERS OF NOTRE DAME DE NAMUR
Making known God's goodness